Postscript

Find that thing.

That thing that transforms you
from an impotent passenger
clinging wearily to the flotsam,
into a pioneer, navigating by
the stars.

Read. Write. Sing. Play.

Talk until the light makes peace
with the dark and you can look
the mirror in the eye
and say
thank you
I am here and this world makes sense.

When you find it, that thing
you are not
alone.

-Catherine Hannah



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Postscript is a poem written by Amber Community lived experience volunteer speaker Catherine Hannah. You can read more about Catherine's story in the QR link below.

Amber Community is a not-for-profit organisation contributing to the safety and wellbeing of Victorian road users. We provide counselling and support to people affected by road trauma, and address attitudes and behaviours of road users through education.

amber community
ROAD INCIDENT SUPPORT & EDUCATION